

REFERRAL PROCESS

Referrals come through a client's family doctor/pediatrician/nurse practitioner to SDRC to be coordinated internally through the Manager of URS & Service Coordinators etc., liaising with the administrative staff of the Child Psychiatry Clinic.

Once it is determined by the SDRC team internally that a client is appropriate for referral to Psychiatry, the '**Primary Care referral request**' letter, alongside the 'Psychiatry Consultation Request' form, will be faxed to the client's Primary Care provider, who will then be required to complete this prior to the client being booked to see Dr. Peter Cordell.

Referral decisions will follow a first-come, the first-served system generally, but with the flexibility to prioritize higher needs and complex patients based upon professional judgment, with a monthly multidisciplinary team meeting to support this triaging process.

INQUIRIES

Please direct inquiries, referrals, and requests for services to:



205 - 1120 Victoria St. N.
Kitchener, Ontario N2B 3T2

Phone: 519-741-1121
Fax: 519-743-4730

Or email us at:
sdrc@sunbeamcommunity.ca

Website: www.sdrc.ca

Additional Offices

Elmira:	118 Barnswallow Dr. Elmira, ON, N3B 2Y9
Cambridge:	757 King St. E. Cambridge, ON, N3H 3N8
Hanson:	65 Hanson Ave. Kitchener, ON, N2C 2E2



Funded by the Ministry of
Children, Community and Social Services



CHILDREN & YOUTH PSYCHIATRY CLINIC

with Dr. Peter Cordell
BSC, MD, FRCPC in Psychiatry



WHO WE ARE

Sunbeam Developmental Resource Centre (SDRC) serves as the single point of access for clinical services, service coordination, children's residential services and children's respite.

These services are available to children, youth and adults in Waterloo Region who have a developmental disability and/or autism spectrum disorder.

INTRODUCTION

The Children's Psychiatry Clinic with Dr. Peter Cordell aims to provide comprehensive care for children and youth aged 1-18 years, living with a developmental disability and/or autism spectrum disorder.



CLINICAL SUPPORT

Through consultation and medication management led by Dr. Cordell, this clinic aims to support children and their families in facilitating clinical stability, working over a period of **6 months or less**.

Early interventions, **personalized** treatment plans, and a **collaborative** approach with families and community partners allows for a comprehensive understanding of each child's needs, enhances coordination of care, and ensures continuity of services beyond the clinic walls.

Medical records will be shared with other healthcare providers within the circle of carefree of charge, where applicable.

Based upon the established guidelines of the OMA, the following uninsured services may be provided if requested **for a fee**:

1. Sending medical records/reports to insurer or third party
2. Attending Physician's statement reflecting clinical opinion to a third party
3. Documentation for schools/university
4. A Sick note or back-to-work note
5. Disability Tax Credit form completed

ELIGIBILITY REQUIREMENTS

SDRC will confirm eligibility for anyone aged 1-18yrs who meets A, B, C, and/or D:

A) Developmental disorder as defined as one of the following:

- Intellectual disability or Global Developmental Delay diagnosis (IQ 70 or below as assessed by a psychologist)
- Autism spectrum disorder diagnosed by psychologist/psychiatrist/pediatrician

B) One of the following:

- Current significant symptoms related to diagnosed mental health issues (for example anxiety, attention/hyperactivity, depression, etc.) with inadequate response to treatment with a family physician, pediatrician, or psychiatrist
- Current or recent aggression and/or self-injurious behaviour

C) Client, Family, and/or Clinical team have the impression that consideration of medication support is needed.

D) Referral documentation received (previous psychological assessment, psychiatric and/or pediatrician consultation notes)

