

WHAT TO EXPECT:

The Health Care Consultant will contact the client/client's family/ caregiver when they are ready to initiate consultation. The initial appointment will focus on meeting the client and their caregivers and identifying what health difficulties the client is experiencing and the family/caregiver's primary concerns. Goals and a plan will be developed for either ongoing consultation or education. All aspects of interventions and education require a mediator to support outcomes.

Suggestions for intervention will focus on improving or maintaining the current health status of the individual or by promoting health through education.



INQUIRIES:

Please direct inquiries, referrals, and requests for services to:



205 - 1120 Victoria St. N.
Kitchener, Ontario N2B 3T2

Phone: 519-741-1121
Fax: 519-743-4730

Or email us at:
sdrc@sunbeamcommunity.ca

Website: www.sdrc.ca

Satellite Offices

Elmira: 118 Barnswallow Dr.
Elmira, ON N3B 2Y9

Hanson: 65 Hanson Ave.
Kitchener, ON N2C 2H6

Cambridge: 757 King St. E.
Cambridge, ON N3H 3N8

 Ontario
Funded by the Ministry of
Children, Community and Social Services



Health Care Consultation



WHO WE ARE:

Sunbeam Developmental Resource Centre (SDRC) serves as the single point of access for clinical services, service coordination, children's residential services and children's respite.

These services are available to children and adults in Waterloo Region who have a developmental disability and/or autism spectrum disorder.

HEALTH CARE CONSULTATION SERVICES:

SDRC offers Health Care Consultation services to individuals of any age. Our goal is to increase the health knowledge and skills of people with a developmental disability, as well as care providers (family/staff), through education, workshops and health promotion. We provide mediator model consultation.

As a Registered Nurse, the Health Care Consultant (HCC) will work in conjunction with the person who has a developmental disability, their families and/or care providers, and other health care professionals to ensure continuation and consistency of care. The goal is always to build capacity and competency for a person with a developmental disability and their care providers. It is not the role of the HCC to duplicate or replace existing health care supports.

HEALTH CARE CONSULTATION SERVICES WE OFFER:

CONSULTATION:

Children and adults with a developmental disability can be referred for individual assessment for assessing and managing complex medical needs. This could include:

- Consultation related to a new medical diagnosis
- Consultation related to a change in health due to aging and long-term planning
- Consultation related to medication regime for physical or mental health issues
- Consultation related to nutrition, healthy eating,
- Consultation on how to manage a Palliative Care situation
- Individual referrals may be augmented with workshops or in-services.
- Consultation on how to provide sexual health and safety education at home

HEALTH CARE CONSULTATION SERVICES WE OFFER:

EDUCATION AND WORKSHOPS:

The HCC can provide educational sessions on a variety of health-related topics including but not restricted to:

- Healthy Aging
- Healthy Eating
- Healthy Sexuality and your child with a developmental disability
- Managing various medical conditions such as: Congestive Heart Failure, Cerebral Palsy, Diabetes, GI concerns

CONTROLLED ACT TRAINING:

In conjunction with Regulation 299/10, the Regulated Health Professions Act, and guidelines provided by the College of Nurses of Ontario the HCC may be able to provide agencies with Controlled Act Training.

The most common Controlled Acts within Waterloo Region currently being requested include:

- Insulin Administration and other Subcutaneous Injections
- Administration of Suppositories and Enemas
- Inhalation Therapy